Cover letter

Personal data:

Name: Samira Mohamed Mahboub Marey

Date of Birth: 29/05/1974

Marital status: Married with two children

Nationality: Egyptian

Position: Assistant Professor, Department of Community Health Sciences, Faculty of Applied Medical Sciences, King Saud University from 25/9/2010 till now.

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        msamira@ksu.edu.sa

Personal websites: http://staff.ksu.edu.sa/msamira
                   http://fac.ksu.edu.sa/msamira/home

Education:

• M.B.Ch.B, Faculty of Medicine, University of Alexandria, 1998 (grade very good)

• Master degree of Public Health (Tropical Health), High Institute of Public Health, University of Alexandria, 2004 (grade excellent)

          Title of thesis "Physical and Mental Manifestations of Iron Deficiency among Adolescent Girls"

• Doctorate degree of Public Health (Tropical Health), High Institute of Public Health, University of Alexandria, 2010
Title of thesis: "Effectiveness of the Fasciolicidal Drug Myrrh in Treatment of Human and Animal Fascioliasis"

- **Language & Computer skills:**

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Teaching philosophy and approaches

I believe that the student is the core of the teaching process. My philosophy depends on active learning that should be incorporated in the lecture. Students do not learn much just by sitting in class listening to their teacher. They must talk about what they are learning, write about it, relate it to past experiences and apply it to their daily lives. They must make what they learn part of themselves.

In my lectures, I let the students to participate in the process of knowledge acquisition. On the one hand, I consider myself as a guide in learning and a motivational factor for future efforts. On the other hand, the students take on a dynamic and energetic role in their own training. This effect ensures the quality of the retention of what one has learned. This is why active learning is often characterized as being pleasant, motivating and efficient.

I also believe in giving each student the opportunity to freely express her opinion in order to promote self esteem. This will ultimately contribute to advancement of students' achievements.

Besides, I work hard to encourage creative thinking through problem solving tasks whenever possible. At the end of the lecture, I usually give students a problem solving task connecting the lecture to the real life.

I believe that good relationship with students will greatly influence the learning process. This could be achieved by continuous, sufficient contact with students which will give both of us a chance to build up
good and warm relationship and manage effectively any obstacles interfering with learning process as soon as they appear.

Finally, I believe in the ultimate important role the teacher could have to help students develop certain values such as positive thinking, acting responsibly in personal and professional relationships, ability to work in a team with commitment to the team spirit and acting ethically and consistently with high moral standards in personal and public forums. This is a continuous process incorporated in every single contact with students inside and outside classroom.
Scientific conferences:

- Participation in the Second International conference of High Institute of Public Health in Alexandria on Health, Environment and Development from 28 to 30 November 2006 in Alexandria

- The 2\textsuperscript{nd} International Conference on Health, Environment and Development, 28-30 November 2006, Alexandria, Egypt.


- Attended the 1\textsuperscript{st} International Conference on Halal Food Control & Exhibition in Riyadh from 12-15 February 2012.

- Attended the 1\textsuperscript{st} International Alzheimer Conference in Riyadh from 20-22 February 2012.

- Attended the 1\textsuperscript{st} Conference of Applied Medical Sciences Colleges (CAMS 2012) in King Saud University on 28 February 2012.

- Attended the International forum for the innovators (IIFIUT) in university teaching in Al Imam Mohammad Bin Saud Islamic University on 22-24/3/1434 (3-5/2/2013).

- Attended the Saudi International Conference for Medical Technology 2013 in KACST (King Abdulaziz City for Sciences and Technology) on 23-24/11/1434 (29-30/9/2013).
Training courses & workshops:

In Teaching:

- Attend the forty-fourth course of "university teacher preparation" at the Faculty of Education, University of Alexandria in the period from 28/02/2004 to 11/03/2004

- Attend six courses of the development project of faculty members and leaders at the University of Alexandria, namely:

  1. Methods of scientific research from 02/02/2008 to 02/04/2008
  2. Organization of conferences in the period from 22/3/2008 to 24/3/2008
  5. Effective demonstration in the period from 12/8/2008 to 14/8/2008
  6. The use of technology in teaching in the period from 13/02/2010 to 15/02/2010

- Attend a training course titled "Effective teaching" at King Saud University on 6-7/4/1433.(28/2/2012)

- Attend a training course titled "Course design and construction" at King Saud University on 11/4/1433.(4/3/2012)

- Attend a training course titled "Discipline based teaching& pedagogic research" at King Saud University on 12/4/1433. (5/3/2012)

- Attend a training course titled "Microteaching" at King Saud University on 8/6/1433. (29/4/2012)

- Attend a training course titled "Teaching portfolio development" at King Saud University on 15/6/1433. (6/5/2012)

- Attend a workshop on Tips of successful curricular planning at Faculty of Applied Medical Sciences, King Saud University on 26/10/1434 (2/9/2013).
- Attend a training course titled "Student education support" at King Saud University on 19/10/1434. (26/8/2013)

- Attend a workshop on OSCE (Objective standard clinical exam) at Faculty of Applied Medical Sciences, King Saud University on 12/11/1434 (18/9/2013).

**e-learning:**

- Attend a training course titled "Smart board" at Collage of Sciences, King Saud University on 27/11/1432.(25/10/2011)

- Attend a training course titled "Smart class rooms" at King Saud University on 2/6/1433.

- Attend a training course titled "Black board e-learning" at King Saud University on 3-4/6/1433. (24/4/2012)

- Attend a training course titled "Virtual classes" at King Saud University on 24/6/1434. (4/5/2013)

**e-Learning Practice:**

- Designing, implementation and uploading electronic courses on learning management system (LMS) of KSU using multiple software e.g. Articulate presenter, Articulate quiz maker, Articulate engage, Articulate storyline, Lecture maker and Raptivity programs

**Quality:**

- Attend a training course titled "Overcoming obstacles in implementing higher education quality assurance systems" at Prince Sultan University on 23/5/2011.

- Attend a workshop on "key performance indicators and referential comparison" at Faculty of Applied Medical Sciences, King Saud University on 16/4/2011.
• Attend a workshop on "compiling course specification and course report" at Faculty of Applied Medical Sciences, King Saud University on 19/4/2011.

• Attend a workshop on "Quality of examinations" at Faculty of Applied Medical Sciences, King Saud University on 17-18/5/2011.

• Attend a workshop on "Self study report" at Collage of Applied Medical Sciences, King Saud University on 28/11/1433 (14/12/2012)

• Attend a workshop on "compiling course & program report" at Faculty of Applied Medical Sciences, King Saud University on 25/3/1434 (6/2/2013).

• Attend a workshop on “Direct assessment of ILOs for Course Program- Application to NCAA” at Faculty of Applied Medical Sciences, King Saud University on 26/2/1435 (23/12/2013).

Quality Practice:

• A member in Quality Committee in the Community Health Sciences Department since 9/2011 till now

• A member in Self Study Report Committee in the Community Health Sciences Department since 9/2011 till now

• A program Coordinator of the Health Education Program at the Community Health Sciences Department since 9/2013 till now

Administrative workshops:

• Attend a workshop on "Team work management” at Faculty of Applied Medical Sciences, King Saud University on 29/10/1434 (5/9/2013).
Self-Development workshops:

- Attend a workshop on "Positive thinking" at Collage of Applied Medical Sciences, King Saud University on 16/1/1433 (11/12/2011)

Other workshops:

- Attend a training course to provide reproductive health services and family planning, at the Ministry of Health and Population, Behera governorate - In the period from 09/09/2000 to 24/09/2000
- Attend a workshop on "Research methodology and systematic review" at Collage of Applied Medical Sciences, King Saud University on 22/5/2011.

- Attend a workshop on "copyright and its importance in promoting scientific research " at Collage of Applied Medical Sciences, King Saud University on 19/11/1432 (17/10/2011)

- Attend a workshop on "El Sevier database" at Collage of Applied Medical Sciences, King Saud University on 10/1/1433 (25/12/2011).

Lectures:

- Attend a lecture on "Learning theories" at King Saud University on 22/5/1433
- Attend a lecture on "Safe and comfortable learning context" at King Saud University on 22/5/1433
- Attend a lecture on "Professional teaching competencies" at King Saud University on 23/5/1433
- Attend a lecture on "Feed back as a tool for better learning" at King Saud University on 23/5/1433
**Teaching Experience:**

- Participation in the practical training of students of the High Institute of Public Health in the Faculty of Medicine, Medical Research Institute and Alexandria Fever Hospital.

- Participation in the preparation and development of theoretical approaches and practical material of Tropical Health at the High Institute of Public Health - University of Alexandria

**Courses taught to post graduate students:**

- **Master of Public Health** at the High Institute of Public Health, Alexandria University:

  - "non-communicable diseases"
  - "Food and water-borne diseases"
  - "Emerging and reemerging diseases"

**Master of Clinical Nutrition** at Community Health Sciences Department, Applied Medical Sciences College, King Saud University:

- “Planning for nutrition education program”

**Courses taught to under graduate students:**

**Health Education Program** at Community Health Science Department, Applied Medical Sciences College, King Saud University

1. " Infectious diseases"
2. " Personal Health"
3. " Environmental Health Sciences"
4. " Health Sciences"
5. " Demography"
6. " Substance Abuse"
7. " Research in Health Education"
**Clinical Nutrition Program** at Community Health Science Department, Applied Medical Sciences College, King Saud University

1. "Seminar in Clinical Nutrition"
2. "Community Health"
3. "Independent Studies"
4. "Nutritional Epidemiology"

**Community Services:**

- Participating in organizing and implementation of an educational booth for King Saud University students titled "Skin Care" at the Applied Medical Sciences College, King Saud University on 19/6/1432.

- Participating in organizing and implementation of an educational campaign for attendance of Prince Salman Social Center in Riyadh titled "Ever Present Health" on 24/1/1433. (19/12/2011)

- Organizing and implementation of an educational campaign for attendance of Prince Salman Social Center in Riyadh titled "Health is your Crown" on the International Health Day 7/4/2012 (15/5/1433)

- Organizing and implementation of an educational campaign for students at the 64th Secondary school in Riyadh titled "For better life" on 7/11/2012-14/11/2012 (22/12/1433-29/12/1433).
Organizing and implementation of an educational campaign for King Saud University students titled "Health is in-between your hands" at the Applied Medical Sciences College, King Saud University on 26/5/1434 (7/4/2013).

Supervision on the production and implementation of an educational video titled "Health is in between your hands" uploaded on YouTube website http://youtu.be/TL_UFFmocnw

Organizing and implementation of an educational campaign for King Saud University students titled "Healthy environment" at the King Saud University on 2/2/1435 (5/12/2013)

**Conducting Training Courses:**


**Publications:**


- Hassan E, Kotkat A, Shatat H, El Sahn A, **Mahboub S**. Effectiveness of a New Fasciolicidal Drug (Myrrh) in the Treatment of Human


- **Mahboub SM**. Soft Drink Consumption and Decreased Female Fertility. International Journal of Biology, Pharmacy and Allied Sciences (IJBPAS) 2013; March 2 (3): 584-592.
References:

Dr Ebtisam Fetohy, A professor of Public Health, Community Health Sciences Department, College of Applied Medical sciences, king Saud University

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        ebtisamfetohy@yahoo.com

Dr Ensaf abdel Gawwad, A professor of Public Health, Health Education Department, High Institute of Public Health, Alexandria University

E mail: ensafabdell@hotmail.com

Dr Mona Hanafi, Associate professor of nutrition, Community Health Sciences Department, College of Applied Medical sciences, king Saud University

E mail: monahanafiahmed@yahoo.com